

Healthy People 2020

Office of Disease Prevention and Health Promotion



What is Healthy People?

DEVELOPING
HealthyPeople
2030

- Provides a strategic framework for a **national prevention agenda** that communicates a vision for improving health and achieving health equity
- Identifies science-based, **measurable objectives with targets** to be achieved by the end of the decade
- Requires tracking of **data-driven outcomes** to monitor progress and to motivate, guide, and focus action
- Offers model for international, state, and local **program planning**



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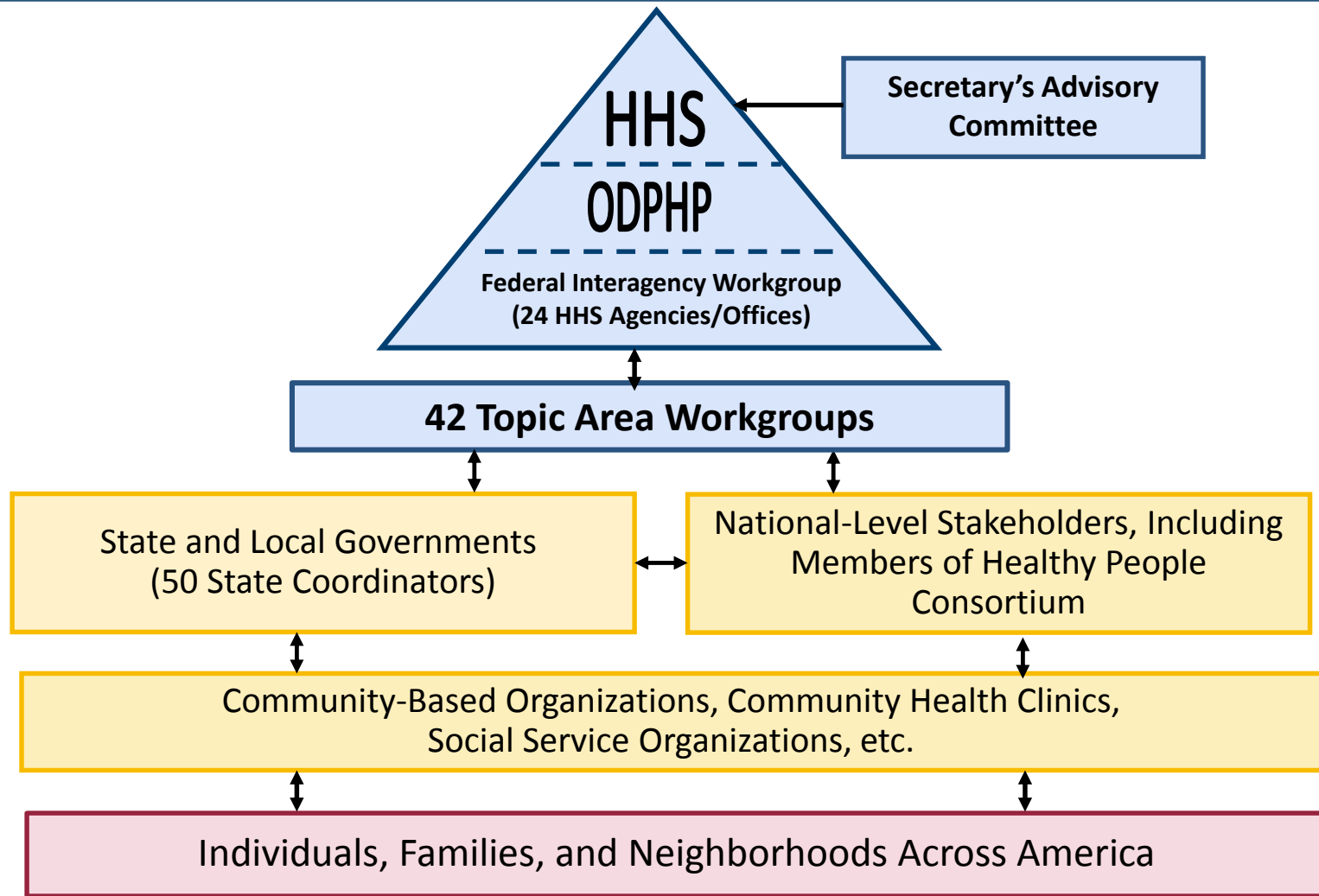
Healthy People Evolution

Target Year	1990	2000	2010	2020
Overarching Goals	<ul style="list-style-type: none"> • Decrease mortality: infants–adults • Increase independence among older adults 	<ul style="list-style-type: none"> • Increase span of healthy life • Reduce health disparities • Achieve access to preventive services for all 	<ul style="list-style-type: none"> • Increase quality and years of healthy life • Eliminate health disparities 	<ul style="list-style-type: none"> • Attain high-quality, longer lives free of preventable disease • Achieve health equity; eliminate disparities • Create social and physical environments that promote good health • Promote quality of life, healthy development, healthy behaviors across life stages
LHIs			10 topics 22 Indicators	12 topics 26 indicators
Topic Areas	15	22	28	42
Objectives	226	319	~1,000	>1,200

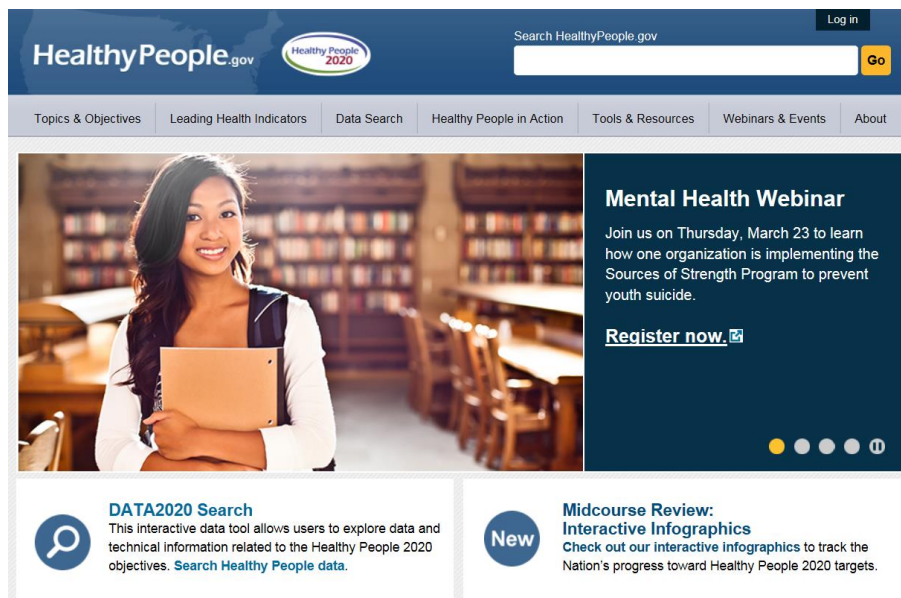
Purpose of Healthy People

- Assess the impact of disease prevention and health promotion activities
- Identify nationwide health improvement priorities
- Increase public awareness and understanding of the determinants of health, disease, and disability and opportunities for progress
- Provide measurable objectives and goals that are applicable at the national, state, and local levels
- Engage multiple sectors to take actions to strengthen policies and improve practices that are driven by the best available evidence and knowledge
- Identify critical research, evaluation, and data collection needs

- Data tool for measuring program performance
- Framework for program planning and development
- Goal setting and agenda building
- Teaching public health courses
- Benchmarks to compare state and local data
- Way to develop nontraditional partnerships
- Model for other plans and countries
- Community health assessments
- Public health accreditation



- 42 Topic Areas
- >1200 Science-Based Measurable Objectives
- Leading Health Indicators
12 Topics supported
by 26 Indicators
- Healthypeople.gov
Highlights narratives,
evidence-based
resources, tools, data



HP2020 LHIs – 12 Topics, 26 Indicators

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**Access to
Health Services**



**Clinical Preventive
Services**



**Environmental
Quality**



**Injury and
Violence**



**Maternal, Infant
& Child Health**



Mental Health



**Nutrition, Physical
Activity & Obesity**



Oral Health



**Reproductive &
Sexual Health**



**Social
Determinants**



**Substance
Abuse**



Tobacco

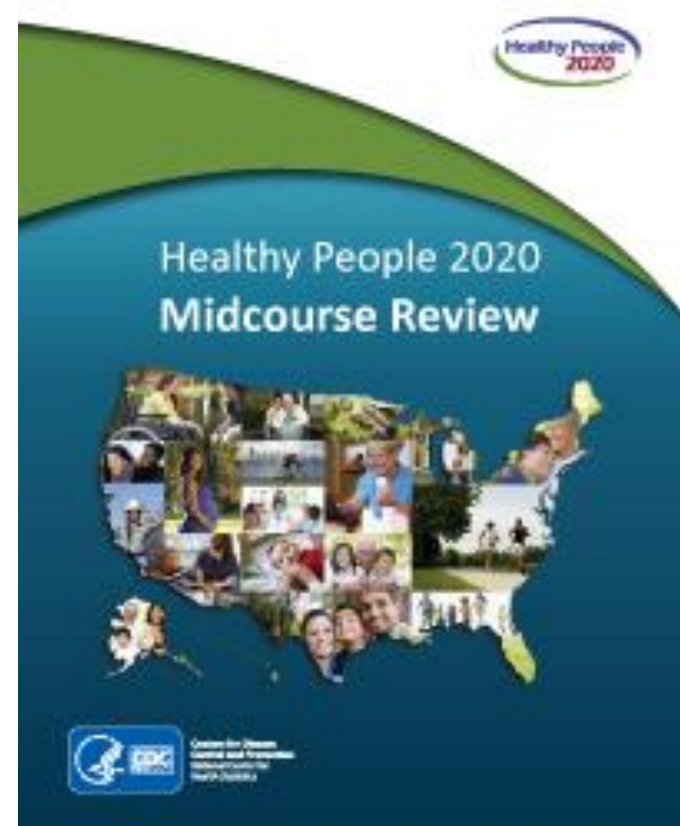
Measuring the Nation's Progress



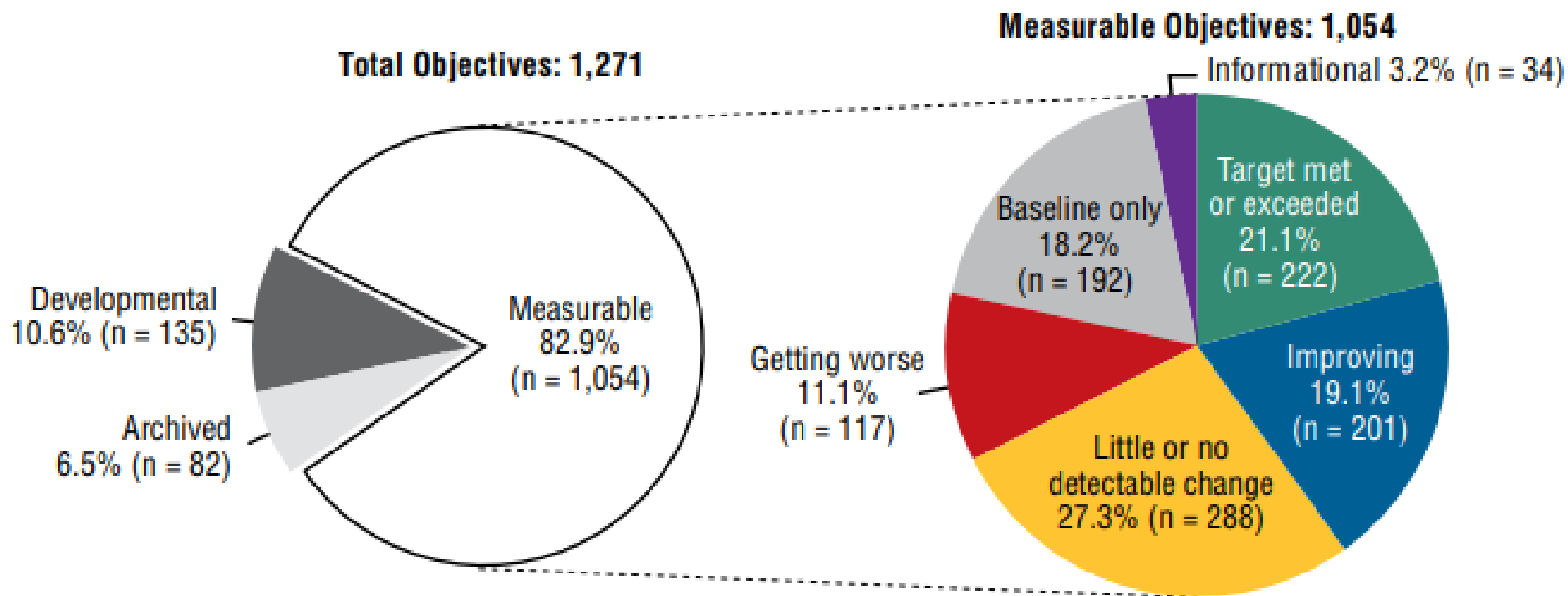
Measuring the Nation's Progress

- **Topic Area Progress Reviews**
 - Webinars and working sessions
- **Who's Leading the Leading Health Indicators?**
 - Bimonthly webinars and e-bulletins
- **Midcourse Review**
 - Mid-decade progress assessment of over 1200 objectives
- **Final Review**
 - End of decade progress assessment for all objectives

- Snapshot of data used to assess:
 - Progress toward Healthy People 2020 overarching goals and objective targets
 - Disparities by demographic variables including geography (maps), where data are applicable and reliable



Healthy People 2020 Midcourse Review – Status of Objectives



Healthy People 2020 Tools and Resources





Rescheduled: Webinar on Environmental Quality

The webinar on the Environmental Quality Leading Health Indicators, originally scheduled for Thursday, March 22, has been postponed until April 19, 2018.

[Register Now.](#)



DATA2020 Search

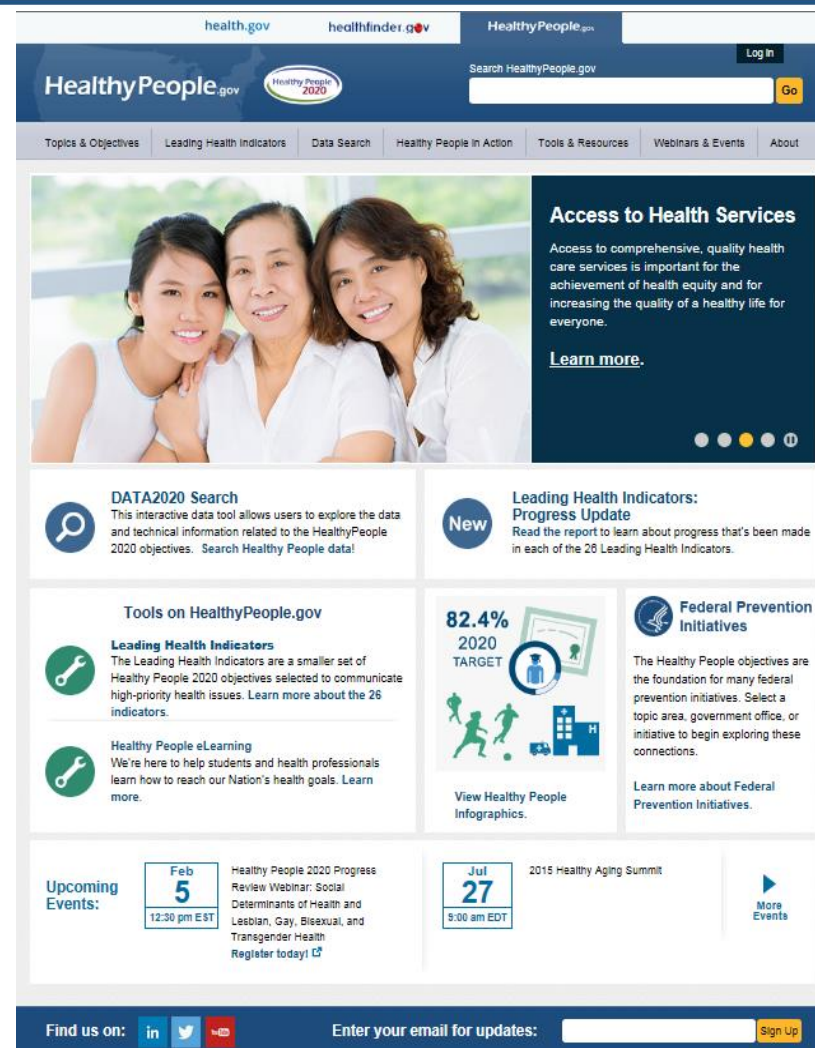
This interactive data tool allows users to explore data and technical information related to the Healthy People 2020 objectives. [Search Healthy People data.](#)



Planning for Healthy People 2030

Every decade, the Healthy People initiative develops a new set of objectives to improve the health of all Americans. [Learn more and get involved.](#)

- Objectives and Topic Area Narratives
- DATA2020: data, trend
- National Snapshots
- Evidence-based resources
- Infographics
- Sharing Library
- Midcourse Review
- Public comment database
- Content Syndication
- Twitter: @gohealthypeople



- DATA2020 allows users to explore data and technical information related to the Healthy People 2020 objectives

[Home](#) » [Data Search](#) » Search the Data

 [Print](#)  [Share](#)

DATA2020

View data for:



HP2020 objectives



National and State levels



Disparities

[About the data](#)

Search by:

Topic Area

Select one or more Topic Areas ▼ [Search](#)

Data Source

Select one or more Data Sources ▼ [Search](#)

 [Advanced search](#)


DATA2020 – Sample Objective (Cancer Deaths)

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C-1 Reduce the overall cancer death rate Revised

Overall cancer deaths (age-adjusted, per 100,000 population)

2020 Baseline (year): 179.3 (2007) 2020 Target: 161.4 ¹ Desired Direction: ↓ Decrease desired

 National Data ▼ *Data may not be available for all states.*

[Choose Years ▼](#)

POPULATIONS	◀	2010	2011	2012	2013	2014	2015	▶
TOTAL	View Chart 	172.8	169.0	166.5	163.2	161.2	158.5	

[View data by group +](#)

Data Source:

National Vital Statistics System-Mortality (NVSS-M), CDC/NCHS; Bridged-race Population Estimates, CDC/NCHS and Census

Data:



[Map of state-level data for this objective](#)



[Learn more about the methodology and measurement of this HP2020 objective](#)



[Download all data for this HP2020 objective \[XLS - 1.10 MB\]](#)



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[Home](#) » [Tools & Resources](#) » Evidence-Based Resources

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Search Criteria

550 Related EBRs [Reset](#)

- [+ Topic Area \(0 Selected\)](#)
- [+ Objectives \(0 Selected\)](#)
- [+ Strength of Evidence \(0 Selected\)](#)
- [+ Developed By \(0 Selected\)](#)
- [+ Implemented By \(0 Selected\)](#)
- [+ Resource Type \(0 Selected\)](#)
- [+ Population Group \(0 Selected\)](#)
- [+ Race & Ethnicity \(0 Selected\)](#)
- [+ Sex \(0 Selected\)](#)
- [+ Age Ranges \(0 Selected\)](#)
- [+ Setting \(0 Selected\)](#)
- [+ Intervention Type \(0 Selected\)](#)
- [+ Desired Outcome \(0 Selected\)](#)
- [+ Type of Health Condition \(0 Selected\)](#)
- ☐ LHI

Search Healthy People 2020 Evidence-Based Resources





Select a Healthy People 2020 topic area to narrow your results. ▼

There are currently **550 EBRs** contained in our database. Use the **Search Box** or **Search Criteria** below to narrow down your results.

Viewing 25 of 550 results

Sort By:

Strength of Evidence ▼	Evidence-Based Resource	Publication Date	Resource Type
 4 out of 4	'Third Wave' Cognitive and Behavioral Therapies Versus Treatment as Usual for Depression Cochrane Review Topic Area(s): Mental Health and Mental Disorders	2013	Systematic Review
 4 out of 4	2015–2020 Dietary Guidelines for Americans HHS/OASH, USDA/CNPP Topic Area(s): Nutrition and Weight Status	2015	Non-Systematic Review, Systematic Review, Randomized Controlled Trial, Cohort Study, Cross-Sectional or Prevalence Study,



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- Summarizes health disparities and displays changes in health disparities over time for measurable population-based Healthy People 2020 objectives with available data
- Whenever data are available, disparities are shown by:
 - Sex
 - Race/ethnicity
 - Educational attainment
 - Family income

Health Disparities Tool – Sample Disparities Overview (New Cases of Diabetes)



Disparities Overview by Race and Ethnicity

[Read a User's Guide to Health Disparities ?](#)

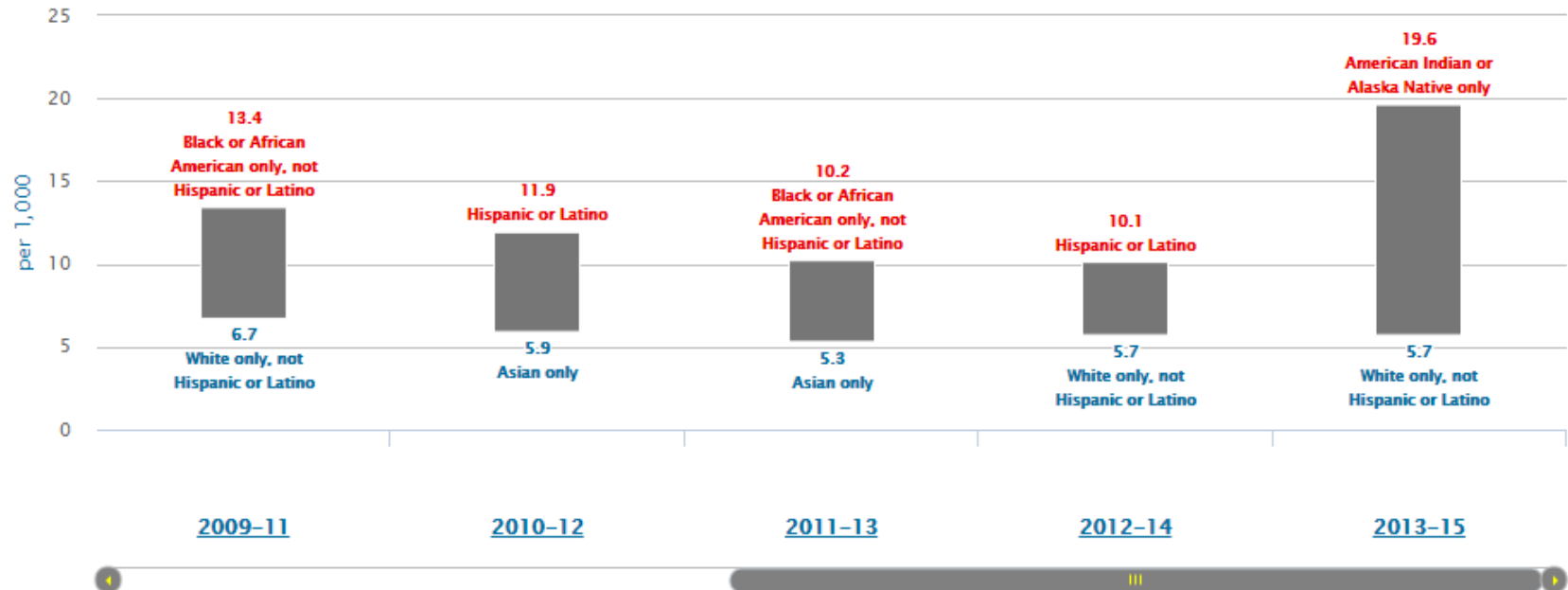
D-1: New cases of diabetes (age adjusted, per 1,000 population, 18–84 years)

This chart displays the range of estimates for each time point and identifies the populations with highest and lowest values.

2020 Baseline (year): 8.0 (2006–08)

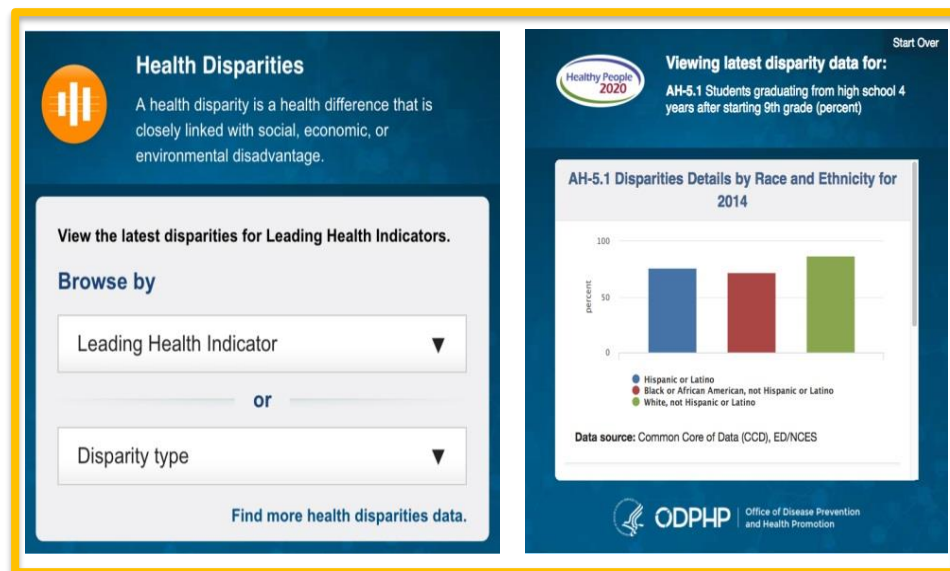
2020 Target: 7.2

Desired Direction: ↓ Decrease Desired



Data Source: National Health Interview Survey (NHIS), CDC/NCHS

- Use our new health disparities widget to see health disparities data related to the Leading Health Indicators
- Use the widget to browse data by:
 - Leading Health Indicator
 - Disparity type—including disability, education, income, location, race and ethnicity, and sex
- Add a version of the widget to your own website!



<https://www.healthypeople.gov/2020/data-search/health-disparities-data/health-disparities-widget>

Who's Leading the
Leading Health
Indicators?

Healthy People
2020 Progress
Review

Healthy People
2020 Spotlight on
Health

Secretary's
Advisory
Committee for
2030

- **Healthy People Outreach**

- Listserv
- Social Media



- **Healthy People 2020 Consortium**

- Diverse group of organizations committed to promoting and implementing Healthy People 2020

- **Healthy People State Coordinators**

- Ensure that State and Territory plans are in line with Healthy People goals and objectives



Development of Healthy People 2030

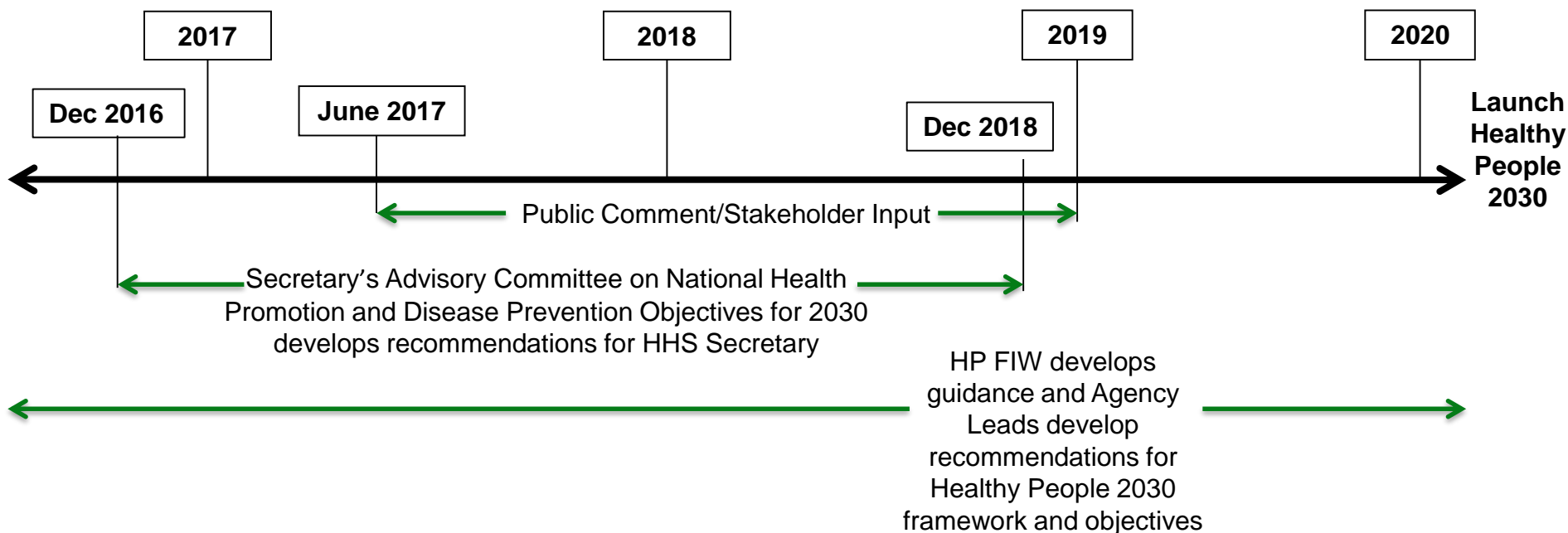


Healthy People 2030 Timeline

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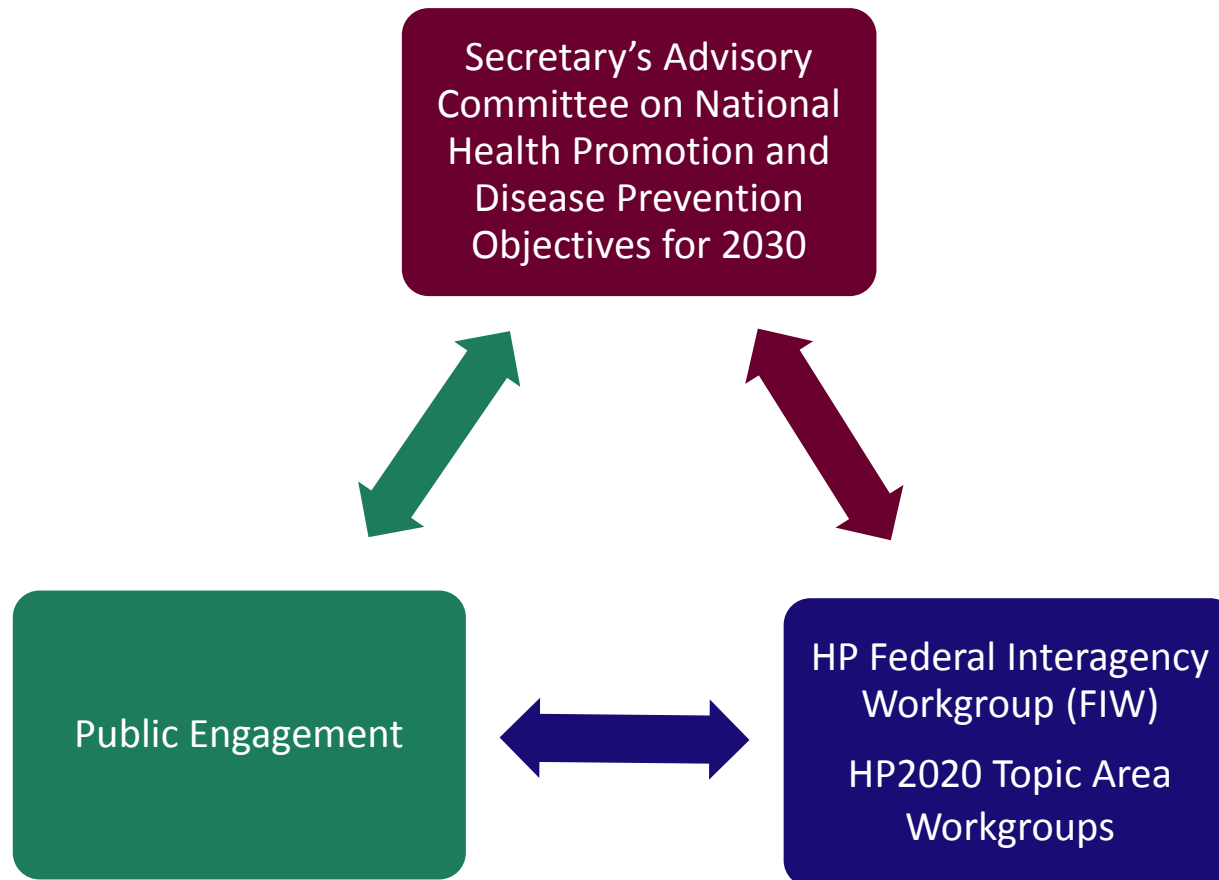
Phase I *Development of Framework*

Phase II *Development of Objectives*



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- Composed of non-federal, independent subject matter experts
- Provides recommendations to the Secretary of HHS regarding Healthy People 2030's:
 - Framework
 - Objective development and selection
 - Leading Health Indicators
 - Implementation

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Stay Involved with Healthy People!

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- Attend upcoming Advisory Committee meetings
 - May 14, 2018 1:00pm – 4:00pm ET (webinar)
 - July 10, 2018 1:00pm – 4:00pm ET (webinar)
 - September 6-7, 2018 (in-person)
- Follow Healthy People on Twitter @GoHealthyPeople
- Join the listserve for updates and visit our website
- Tell a friend or colleague about Healthy People!

